

# From Trauma to Triumph: A Gunshot Survivor's Story of Faith and Resilience

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## ABSTRACT

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This study looks at the story of a gunshot survivor's path to healing. While many have written on the topic of gunshot trauma recovery, most of these studies focused on the clinical or medical aspects, such as physical rehabilitation and psychological care. There is a dearth of research that investigates how resilience and faith can serve as inherent compelling forces in overcoming life-changing injuries, particularly from a narrative and within a deeply personal context. Faith and resilience, oftentimes, are the primary sources of hope and courage when individuals face hardships and challenges. People who experience life-threatening events—such as catastrophic injuries—consider these times as transformative journeys molded by their belief in divine intervention. An experience such as surviving a gunshot wound to the spine is one of those consequential events, which substantially impacts a person's physical, mental, and emotional states. Resilience and faith have a complex and complicated relationship. Faith can be a considerable wellspring of courage and strength. But in the aftermath of a trauma, people should realize that they could have spiritual problems and doubt their beliefs and values (Graham et. al., 2016).

JEL Codes:

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