Does Entrepreneurship Make You Happier? A Comparative Analysis Between Entrepreneurs and Wage Earners.

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ABSTRACT

Currently, age is characterized, on the one hand, by the existence of governance systems that are gradually eroding the Welfare State and, on the other hand, by the implementation of business management models based on precarious work and a massive reduction in jobs. This work aims to analyze the degree of happiness perceived in the group of Spanish entrepreneurs (either with or without employees), compared to that perceived by employees (whether permanent or temporary); and if that happiness is associated with certain socio-demographic variables gender, level of studies and income level). For this reason, there is a need to consider these working hypotheses proposed. Starting with the general null variable (H0), its opposite is established: H1. There is a relationship between the type of professional situation (employee, businessperson, self-employed, cooperative, etc.) and happiness; that is, there is an association between the different employment categories (represented by the variable professional situation) and the value given to the variable that measures the degree of perceived happiness. The averages of the distributions for each category are not similar.

Keywords: Happiness, Entrepreneur, Wage Earners, Well-being, Professional Situation.