



## 12TH GCBSS GALA DINNER AND NETWORKING

### INTERNATIONAL BUFFET MENU

#### Appetizers & Salad

Deep Fried Cheese Ball  
Assorted Cold Meat with Pickles Vegetables  
Mixed Smoked Seafood Platter  
Muslum Mixed Salad  
Cherry Tomato Salad with Sweet Basil  
Boiled Chicken in Spicy Sauce  
Cucumber with Yoghurt Thai Glass Noodle Salad  
Nicoise Salad  
Carrot and Raisin Salad

#### Dressings

1000 Island, Italian, French, Vinaigrette

#### Soup

Soto Ayam (Malay Traditional Chicken Soup with Spices)  
Assorted Bread Rolls

#### Main Hot

Stir Fried Fresh Live Tiger Prawn with Chilly Bean Paste  
Braised Lamb Kurma  
Stir Fried Squid with Turmeric and Onions  
Stir Fried Chinese Baby Kai Lan with Oyster Garlic Sauce  
Seabass Fillet with Kapitan Sauce  
Chicken Lasagna  
Seafood Pie  
Grilled Beef with Mushroom Sauce  
Stir Fried Hong Kong Noodle with Seafood  
Steamed Rice

**8 October 2021**

PARKROYAL PENANG RESORT (5 STAR RESORT)

#### Dessert

Pineapple, Watermelon, Papaya, Honeydew, Oranges  
Assorted French Pastries  
Assorted Japanese Baifuku  
Mango Pudding in Glass  
Chocolate Caramel Custard  
Sago Gula Melaka (Sago Pudding with Palm Syrup and Coconut Milk)  
Apple Pie  
Blueberry Cake  
Bread Butter Pudding with Vanilla Sauce  
Coffee or Tea

**PARKROYAL**  
PENANG RESORT

 **GATR**  
Global Academy of Training and Research